

Adult Day Services



*“Helping Maintain Independence
& Well-Being”*

Our Mission: To improve the quality of life for older adults and individuals with disabilities by providing services that enhance the personal independence and well being of the individual.

Anaheim • Buena Park • Santa Ana

www.communityseniorserv.com

Adult Day Health Care Centers

ADHC Services:

Medical/Nursing

Personal Care

Physician Consultation

Physical Therapy

Occupational Therapy

Speech Therapy

Social Services

Nutritional Services
(Breakfast, lunch & Snack)

Stimulating Activities

Transportation

Respite for Caregivers



ADHC At-a-Glance

The Adult Day Health Care centers in Anaheim and Santa Ana provide a daytime alternative to placing a loved one in a skilled nursing facility. These centers maintain the dignity of older adults while providing support to families. Caregivers feel relieved and better able to handle the challenges of caring for an aging or disabled loved one.

The centers provide personalized health monitoring and rehabilitation. Through a wide range of activities, exercises and social interaction, participants are assisted in maintaining physical and mental health.

Program Benefits

- Improvement in the ability to carry out daily activities through treatment in a therapeutic environment
- Monitoring health conditions
- Improvement in nutritional intake
- Lessens the impact of acute health problems
- Improves mobility and alertness
- Decreases isolation and loneliness
- Increases self-esteem and sense of dignity
- Improves the quality of life for participants and caregivers

Eligibility for Participation

- A medical condition requiring physician prescribed treatment or rehabilitation
- Physical or mental impairment that handicaps activities of daily living
- Does not require 24-hour institutional care
- Client has capacity to improve physical and mental health to help maintain independence
- May suffer physical or mental deterioration without treatment or rehabilitation

Cost

Fees may be covered through Medi-Cal benefits, SCAN, Veterans Administration and private pay with a sliding scale fee.

Hours

7:00a.m. - 5:00p.m. Monday - Friday

Adult Day Care Center

ADC Services:

Nutritional Services
(Breakfast, lunch)

Education Services

Pet Therapy

Social Activities

Community Resources

*safe
supervised
&
comfortable
environment*



ADC At-a-Glance

The Adult Day Care Center of Buena Park is located in the Buena Park Senior Center. This program uses the social model of adult day care and is focused on socialization and engagement activities in a supervised and caring environment. Isolation is reduced and depression is avoided through activities like card and board games and sharing meals together.

This program provides much needed relief to caregivers who know their loved ones are being cared for in a warm, loving environment.

Cost

Suggested donation \$45 per day of service. Sliding scale available.

Hours

8:30a.m. - 4:00p.m. Monday - Friday





ADHC and ADC Centers are non-profit programs of Community SeniorServ and are licensed by the State of California Department of Aging, in conjunction with the Department of Public Health Services and operate under Community SeniorServ.



Anaheim Adult Day Health Care

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Anaheim, CA 92801

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info.anaheimadhc@communityseniorserv.com

Santa Ana Adult Day Health Care

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Santa Ana, CA 92705

Ph: 714-558-1216 fax: 714-564-0386

email:

info.santaanaadhc@communityseniorserv.com

Buena Park Adult Day Care

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Buena Park, CA 90620

Ph: 714-826-3163 fax: 714-821-8191

email:

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