

Community SeniorServ provides nutritious home delivered meals and case management services to frail, homebound older adults who live in the following cities:

Anaheim	Los Alamitos
Brea	Midway City
Buena Park	Orange
Costa Mesa	Placentia
Cypress	Santa Ana
Fountain Valley	Seal Beach
Fullerton	Stanton
Garden Grove	Tustin
Huntington Beach	Westminster
La Habra	Yorba Linda

For more information on Meals on Wheels or Case Management please call 714-220-0224 or visit www.communityseniorserv.com



Supporting the nutritional needs of homebound, older adults in 20 cities in Central, North and West Orange County

Meals on Wheels

Community SeniorServ prepares and delivers three meals per day, Monday through Friday to homebound, frail, socially isolated seniors living in north and central Orange County. The meals consist of breakfast, a cold lunch, and a frozen dinner. Benefits include:

- Improvement in nutrition and health.
- Assistance in maintaining independence while living at home, therefore avoiding premature institutional care.
- Daily contact with friendly delivery drivers.

Meals provide 100% of the U.S. Nutritional Recommended Daily Allowance.

Case Management

The Meals on Wheels program is more than just a meal. Clients also receive Case Management, including the following:

- **Assessments:** Quarterly home visits and telephone contact with Case Managers.
- **Home safety:** Modifications are made in the home to assist in keeping clients safe.
- **Personal Care/Homemaking:** Basic personal care and homemaking assistance is provided to qualifying participants at no charge.
- **Community Referrals:** Referrals include respite care, in home health evaluations, and other services as needed.



www.communityseniorserv.com

Meals on Wheels and Case Management

Eligibility

Eligible participants must be 60 or older and be homebound by reason of illness, disability, and/or isolation and have difficulty shopping and/or preparing meals.

Cost

The suggested donation for the Meals on Wheels program is \$4.50/day. Any donation, no matter how large or small, is always greatly appreciated and accepted. No individual is turned away due to an inability to make a donation.

Referrals for Service

Referrals may be made by any concerned individual, family member, neighbor, social worker, physician, hospital discharge planner, or any other person by calling the Home Services Department at 714- 220-0224.

