

Volunteer Program

Community SeniorServ is a non-profit organization dedicated to serving more than 15,000 Orange County senior citizens annually. We offer older adults nutritious meals and a variety of supportive services designed to promote their well being and independence.

SERVING SENIORS IN:

Anaheim	Garden Grove	Santa Ana
Brea	Huntington Beach	Seal Beach
Buena Park	La Habra	Stanton
Costa Mesa	Los Alamitos	Tustin
Cypress	Midway City	Westminster
Fountain Valley	Orange	Yorba Linda
Fullerton	Placentia	

For more information about volunteer opportunities in your area call:

Volunteer Services 714-229-3349

Or email: volunteer@communityseniorserv.com



www.communityseniorserv.com

Volunteer Program



Every Hour You Volunteer Makes a Difference



In One Hour You Can:

- *Deliver nutritious meals to ten homebound seniors*
- *Assist with a fun activity at an Adult Day Program*
- *Serve hot lunch to older adults at a local center*
- *Provide a cheerful visit to a homebound senior*

www.communityseniorserv.com

WAYS TO HELP

Meals on Wheels Drivers:

Deliver meals weekdays between 10:00am and 12:00pm to frail, homebound, isolated elders. Each route consists of an average of 10 stops and takes approximately one hour to complete. Criminal background check is required.

Friendly Visitors:

Visit with elders needing companionship and socialization in their homes. Volunteers visit the same senior for an average of one hour a week. Scheduling times/days of visits is flexible. (Weekends and evenings generally acceptable.) Criminal background check is required.

Adult Day Health Care (ADHC):

Located in Santa Ana and Anaheim. Assist with activities and office work weekdays between 9am and 4pm. TB test and criminal background check are required.

Adult Day Care (ADC):

Located in Buena Park Senior Center. Assist with activities weekdays between 9am and 4pm. Criminal background check is required.

Senior Center Lunch Programs:

Greet and register participants at a senior center; assist with food preparation and serving of meals. Help needed weekdays 10-1pm.

Holiday Gift Program:

CSS organizes an annual gift drive for homebound clients. Help needed recruiting gift donors and delivering gifts. Criminal background check required for delivery.

Internships/Service Learning:

Offered to students needing case management experience, food and nutrition, human services, graphic arts/multi media, and more. Criminal background check required.

Central Kitchen:

(Anaheim) Assembly of food items in the tray line. Help needed Monday-Thursday from 5am, Fridays at 4am.



*A vital network
of caring
volunteers
providing
friendship and
support*



Community SeniorServ (CSS)

volunteers provide a vital network of caring friendship and support to frail older adults living independently in the OC community. Our team of over 600 volunteers generously gives a combined total of over 7,000 hours monthly to support our services while enhancing the welfare of homebound and isolated seniors. As the senior population increases in number, so does the need for more dedicated volunteers to help prevent malnutrition, loneliness, and premature institutionalization of Orange County's older adults.

